



# Regional Seminar

## CICO instuctors course

**Friday 25 January 2019**

**Location:** Holiday Inn Newport, NP18 2YG

**Organisers:** Dr James Dinsmore, Portsmouth, and Dr James Evans, Eastbourne

**08:30**            **Registration / Tea & coffee**

**08:50**            **Welcome**  
Dr James Dinsmore, Portsmouth

**09:00**            **CICO Lecture** 1B02, 2A01, 3A01  
Dr James Dinsmore, Portsmouth

**09:40**            **The following 4 workshops will be rotated in 35 minute sessions** 1B02, 2A01,

Time	Cannula station (Afon)	Melke/IANA station (Ebbw)	Scalpel bougie station (Rumney)	Jetting station (Sir Howy)
<b>09:45 – 10:20</b>	Group A	Group B	Group C	Group D
<b>10:25 – 11:00</b>	Group D	Group A	Group B	Group C
<b>11:05 – 11:20</b>	Tea & coffee			
<b>11:25 – 12:00</b>	Group C	Group D	Group A	Group B
<b>12:05 – 12:40</b>	Group B	Group C	Group D	Group A

**12:45**            **Lunch**

**13:30**            **Setting up CICO training** 3J02  
Dr Adrian Woollard, Abergavenny

**13:55**            **Case reports** 1B02, 2A01, 3A01  
Dr James Dinsmore, Portsmouth

**14:45**            **Assessment stations – The following 6 stations will be rotated in 20 minute sessions** 1B02, 2A01, 3A01

Time	Cannula Station (Afon)	Melker Station (Ebbw)	SB Station (Rumney)	Jetting Station (Sir Howy)	Video Test Station (Usk)	MCQ Test Station (Wye)
<b>14:45 – 15:05</b>	Green	Blue	Yellow	Red	Orange	Black
<b>15:10 – 15:30</b>	Black	Green	Blue	Yellow	Red	Orange
<b>15:35 – 15:55</b>	Orange	Black	Green	Blue	Yellow	Red
<b>16:00 – 16:20</b>	Red	Orange	Black	Green	Blue	Yellow
<b>16:25 – 16:45</b>	Yellow	Red	Orange	Black	Green	Blue
<b>16:50 – 17:10</b>	Blue	Yellow	Red	Orange	Black	Green

**17:15**            **Faculty meeting**



**Association  
of Anaesthetists**

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**17:30**            **Repeat assessment for remediation if required**

**18:00**            **Closing remarks and depart**

### **Group allocations**

<b>Morning sessions:</b>	<b>Participant initials</b>
<b>Group A</b>	JA, CD, YD
<b>Group B</b>	SH, JJ, BN
<b>Group C</b>	PS, SS, HS
<b>Group D</b>	AS, BT, TW

<b>Afternoon sessions:</b>	<b>Participant initials</b>
<b>Green</b>	JA, CD
<b>Blue</b>	YD, SH
<b>Yellow</b>	JJ, BN
<b>Red</b>	PS, SS
<b>Orange</b>	HS, AS
<b>Black</b>	BT, TW

### **Faculty**

Dr Hans Avis, Abergavenny  
Dr James Evans, Eastbourne  
Dr James Dinsmore, Portsmouth  
Dr Claire Farley, Swansea  
Dr Daniel Harrison, Cardiff  
Dr Stefan Martellock, Swansea  
Dr David Newhall, Rotterdam  
Dr Tereza Soskova, Swansea  
Dr Sebastiaan Vermeulen, Rotterdam  
Dr Adrian Woollard, Abergavenny